

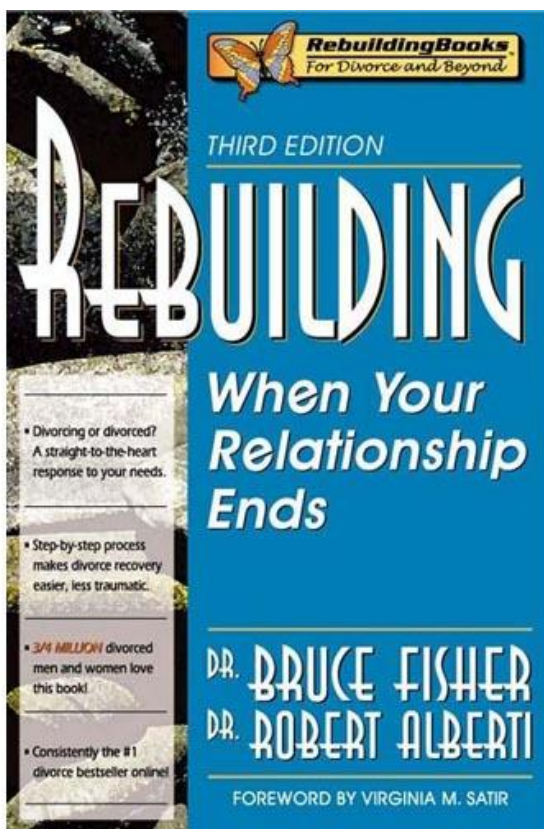
Educational Seminar / Support Group



Rebuilding When Your Relationship Ends

Date: Wednesday January 11th, 2017 to March 15th, 2017
Time: 7pm to 9pm

This 10 week program based on Dr. Bruce Fisher's book, *Rebuilding: When Your Relationship Ends*, is designed to help people healing from separation and divorce take charge of their lives with information, guidance and support. This program helps you gain a better understanding of yourself, the recovery process and how to create healthier future relationships.



*Please note that the sessions will be held in English at the **Orléans-Cumberland Community Resource Centre**, facilitated by Tracy Pressé, M.S.W., and Zoe Lever.

To register, please contact Tracy Pressé at 613-830-4357 ext. 151

