



CRC

Orléans-Cumberland



Your Community Connection Since 1988

2018 Christmas Program Product List

Non-perishable		Perishable
<p>Canned</p> <ul style="list-style-type: none"> ☀ Bean medley ☀ Beans ☀ Carrots ☀ Chicken ☀ Chickpeas ☀ Corn ☀ Cranberry sauce ☀ Cream Corn ☀ Fruit cocktail ☀ Green beans ☀ Ham ☀ Juice- Apple (1L) ☀ Juice-Tomato (1L) ☀ Mushrooms ☀ Peas ☀ Red kidney beans ☀ Salmon ☀ Stew ☀ Tomato paste ☀ Tomato sauce ☀ Turkey ☀ Yellow Beans <p>Cereals</p> <ul style="list-style-type: none"> ☀ Cheerios ☀ Corn Flakes ☀ Frosted Flakes ☀ Gluten Free** ☀ Mini Wheats ☀ Oatmeal ☀ Rice Krispies 	<p>Soups</p> <ul style="list-style-type: none"> ☀ Broth ☀ Chicken noodles ☀ Habitant ☀ Vegetable <p>General</p> <ul style="list-style-type: none"> ☀ Baking powder ☀ Baking soda ☀ Cake icing ☀ Cake Mix ☀ Candy Canes ☀ Coffee ☀ Cookies ☀ Crackers ☀ Flour ☀ Granola bars ☀ Honey ☀ Hot chocolate ☀ Jam- Raspberry ☀ Jam- Strawberry ☀ Ketchup ☀ Mayonnaise ☀ Mustard ☀ Oil- Canola ☀ Oil- Olive ☀ Pancake Mix ☀ Pancake Syrup ☀ Pasta- Macaroni ☀ Pasta- Spaghetti ☀ Pasta- Gluten Free** ☀ Peanut butter ☀ Rice (long grain) ☀ Soda crackers ☀ Stove top dressing ☀ Sugar (white/brown) ☀ Tea 	<p>Dairies</p> <ul style="list-style-type: none"> ☀ 2% milk ☀ Almond milk ☀ Eggs ☀ Homo milk ☀ Margarine/ butter ☀ Soya milk ☀ Yogurt <p>Fruits</p> <ul style="list-style-type: none"> ☀ Apples ☀ Bananas ☀ Oranges ☀ Plantain <p>Meats</p> <ul style="list-style-type: none"> ☀ Chicken ☀ Ground beef ☀ Halal chicken ☀ Halal ground beef ☀ Ham ☀ Turkey (5kg/6kg) <p>Vegetables</p> <ul style="list-style-type: none"> ☀ Broccoli ☀ Carrots (2lbs) ☀ Cauliflower ☀ Celery ☀ Lettuce ☀ Onions ☀ Potatoes <p>Bread</p> <ul style="list-style-type: none"> ☀ White ☀ Whole wheat

Orléans-Cumberland Community Resource Centre

240 Centrum Blvd. – Unit 105, Orléans, Ontario K1E 3J4



OCCRC-CRCOC



613-830-4357



cmackay@crco.ca



CRCOC.CA



@CRCOC-OCCRC