





Hello.

As the holiday season approaches, we want to take a moment to thank you for all the support and kindness you've shown to our community. Your generosity has provided hope to many families and played a pivotal role in the success of our Christmas Program.

For most of us, the holidays are a time of joy and celebration. But for many families in our community, this time of year brings uncertainty as they face the growing challenge of simply putting food on the table. With the rising cost of living, more and more families are turning to our food bank. This year, the need is greater than ever, with 400 families in our community requiring our assistance-up from the 351 families we helped last year.

Your support truly changes lives, and we want to share the stories of two families who rely on our food bank. One is a single mother who came to the Centre for her son's speech therapy and found out she was able to get food assistance. What started as a visit for her child turned into a lifeline during her most challenging moments. Another family, with a husband on disability, depends on our food bank to get by. Sometimes, has to use ride-hailing services to get to the Centre. Your support helps ease the burden on families facing many obstacles to accessing even basic needs.

Thanks to your generosity, their burden is eased, making everyday challenges more manageable. There are two meaningful ways to help this year: sponsoring a family or donating any amount to ensure no family goes without food. Your generosity brings warmth, comfort, and hope to those in need.

Your kindness doesn't just fill stomachs-it fills hearts. To donate or learn more about how you can support the 2024 Christmas Program, please visit crcoc.ca/christmas or contact Chad Chartrand at 613-850-0282 or cchartrand@crcoc.ca.

With your continued support, we are committed to brightening the lives of families even more during this time and beyond. We wish you and your loved ones a joyful and peaceful holiday season.

With heartfelt thanks.

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